

Pacific Heads of Nursing & Midwifery Meeting

Réunion des directeurs des soins infirmiers et obstétricaux du Pacifique

NURSES TOGETHER: A FORCE FOR GLOBAL HEALTH

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Pasifika Medical Association Group (PMAG) – New Zealand Medical Treatment Scheme (NZTMS)

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Agenda Item N° 5.4

The Pasifika Medical Association Group (PMAG) was established in 1996 by a group of dedicated Pacific medical professionals who identified a need for an association to bring together and provide a forum for Pacific health professionals including doctors, medical students, and other health professionals. As the organisation has prospered through the voluntary efforts of its executive committees, members and many sponsors and supporters, it has grown to become a leader in workforce development supporting countries to build capacity and capability in the region.

The New Zealand Medical Treatment Scheme (NZMTS) operates within the wider context of New Zealand's Aid Programme and has provided access to life saving medical treatment for Pacific countries for over 30 years. This health programme includes receiving overseas medical referrals in New Zealand, Australia, Fiji and sending visiting medical specialists to undertake medical and surgical procedures in partner Pacific countries as well as supporting investment in local health system capability and sustainability.

PMAG continues to support and developing its programmes and is committed to continue its work to provide support to health initiatives in the region.

1. BACKGROUND

The Pasifika Medical Association Group (PMAG) was established in 1996 as an Incorporated Society and has a Governing Board comprising of Dr Kiki Maoate ONZM (Chairman), Sir Collin Tukuitonga KNZM and, Dr Francis Agnew ONZM.

Mrs. Debbie Sorensen is the Chief Executive Officer of the PMAG. PMAG was established by a group of dedicated Pacific medical professionals who identified a need for an association to bring together and provide a forum for Pacific health professionals including doctors, medical students, and other health professionals. As the organisation has prospered through the voluntary efforts of its executive committees, members and many sponsors and supporters, it has grown to become a leader in workforce development supporting countries to build capacity and capability in the region.

2. PROGRESS AND ACHIEVEMENTS

2.1 PMAG Programmes

PMAG manages and implements four main programmes focused on improving health outcomes for Pacific families living in Aotearoa and in Pacific countries:

- Pasifika Futures the Whanau Ora Commissioning Agency for Pacific families' partners with organisations to support Pacific family's aspirations and improve health and social outcomes. Over the past 10 years it has engaged with over 350,000 Pacific people and has contributed to over 132,000 health and well-being outcomes.
- Etu Pasifika Integrated Primary Care, Health and Wellbeing services are an innovative service development leading Integrated Primary Care Services in Aotearoa. There are currently 3 sites – Christchurch, Auckland and South Auckland and they employ the largest cohort of Pacific Primary Care clinical staff throughout the country. The 3 Primary Care Nurses ETU Pasifika Clinics have:
 - **ETU Pasifika Christchurch Clinic Nurses employed**
 - 1 Nurse Lead
 - 1 Nurse Workforce Manager
 - 2 Registered Nurse Prescribers
 - 8 Registered Nurses
 - 2 Healthcare Assistants

- **ETU Pasifika Auckland and ETU Pasifika South Auckland Clinics Nurses employed.**
 - 1 Nursing Director (for all three Etu Pasifika Clinics)
 - 1 Nurse Workforce Manager
 - 2 Registered Nurse Prescribers
 - 11 Registered Nurses
 - 2 Mental Health Nurses
 - 2 Healthcare Assistants starting in February 2024
- Pasifika Medical Association membership group is responsible for the delivery of the PMAG Scholarship program, the PACMAT – Pasifika Medical Association Medical Assistance Team delivering humanitarian response in Aotearoa and throughout the region, managing partnerships between professional colleges, Ministry of Foreign Affairs and Trade and Polynesian Health Corridors, the Moana Women’s Network, the New Zealand medical Journal and Pacific Health Dialog and the New Zealand Medical Treatment Scheme.
 - 27 nursing scholarships valued at NZ\$260,000.00 have been awarded since 2019.
 - Approximately 70 nurses have been deployed by PACMAT since 2019- (Many of these on multiple deployments).
- There are currently 124 Nurses registered on the PACMAT database. Breakdown by area of nursing specialty (to note this comes to more than 70 when listing by specialty as some nurses specialise over multiple areas):
 - **46** General Practice Nurses
 - **19** Mental Health / Psycho-social Nurses
 - **16** Community Health Nurses
 - **7** Primary care Nurses
 - **7** Paediatrics Nurses
 - **5** ICU Nurses
 - **5** Surgical Nurses
 - **3** Specialised VAX Nurses
 - **3** Diabetes Nurses
 - **3** Midwifery Nurses
 - **2** Emergency Medicine Nurses
 - **2** Cardiac Nurses
 - **2** Public Health Nurses
 - **2** Nurse Practitioners
 - **1** Internal Medicine Nurse

- 1 Post-Anaesthetic Care Nurse

2.2 New Zealand Medical Treatment Scheme

The New Zealand Medical Treatment Scheme (NZMTS) operates within the wider context of New Zealand's Aid Programme delivered by New Zealand Ministry of Foreign Affairs and Trade.

The NZMTS has provided access to life saving medical treatment for Pacific countries for over 30 years. This health programme includes receiving overseas medical referrals in New Zealand, Australia, Fiji and sending visiting medical specialists to undertake medical and surgical procedures in partner Pacific countries as well as supporting investment in local health system capability and sustainability. The primary goal of the NZMTS is to further strengthen capacity within participating Pacific countries health systems, and to provide access to complex and lifesaving treatment that is not available in country. This context recognizes that good health is both a means to achieving inclusive and sustainable development as well as drives economic and social growth. The NZMTS is a tool for contributing to the United Nations Sustainable Development Goals (SDGs), the Elimination of Poverty, and Good Health and Well-Being. The NZMTS current programme is a five-year programme that has been managed and implemented by the PMAG since December 2022 and covers 6 Pacific Countries, Tuvalu, Samoa, Tonga, Kiribati, Vanuatu, and Fiji.

2.2.1 Overseas Referral component

The Overseas Referral Component of the NZMTS provides the opportunity for countries to access medical investigations, treatment and management advice that may not be available in their countries, and they otherwise would not be able to access on behalf of their citizens. The 6 countries in this programme are: Kiribati, Tuvalu, Fiji, Tonga, Samoa and Vanuatu.

2.2.2 Visiting Medical Specialist Teams

The Visiting Medical Specialists component focuses on the following:

- To assess and where appropriate, provide treatment by visiting healthcare professionals for identified individuals where not normally available in-country: and,
- To maximize opportunities for capacity building through a range of modalities from mentoring and on-the-job-training to structured training such as seminars for groups such as medical, nursing, and allied health staff.

This component offers opportunities to in country nurses for hands on learning from their colleagues on the VMS teams deployed to the 6 countries in the programme.

2.2.3 Strengthening Clinical Capacity

This component of the NZMTS focuses on enabling access to short term capacity building programmes/training opportunities (such as meetings, conventions, and workshops) for health professionals in the 6 participating countries. The component also includes funds for medical supplies and equipment as prioritized by each Country.

Under this component nurses across the 6 countries have received capacity building through participation at workshops/meetings or short-term training opportunities.

3. CHALLENGES

The shared challenges as expressed by the six countries in the NZMTS programme have been echoed many times in pacific health forums and include:

- 3.1 Wide-spread shortage of staff within health systems and the need to build country health workforce capacity including the need to build the specialist level capacity for nursing and medical staff.
- 3.2 The clinical workforce continues to work under a multitude of challenges, and these are mainly focused around creating and linking career pathways to training and innovative, multifaceted capacity building in areas of priority need.
- 3.3 Back log of patient demand following the COVID-19 border restrictions in areas such as Paediatric Cardiac Surgery, Urology etc.
- 3.4 All countries visited have expressed a desire to strengthen Primary Healthcare across all countries and recognising the vulnerability due to limited access of care for those in the remote outer islands.
- 3.5 A recognition that innovative primary care models of delivery need to be customised to each country's context. This includes the integration of Primary mental health services, in some centres Urgent medical care and in all countries strengthening the district or community-

based health centres. Currently Primary care service delivery is at a variable level of development and maturity in each country.

- 3.6 Participating countries expressed a desire to strengthen mental health services including primary mental health services. The COVID-19 pandemic and recent natural disasters has shone the light on the mental health needs of Pacific populations. Experience gained by PMAG through its work in the Pacific including through the PACMAT responses in the Pacific region over the last decade, has indicated the increased needs of people in countries for interventions for anxiety and depressive disorders.
- 3.7 Countries identified the need to increase investment for the advancement of building specialized nursing capacity in clinical areas, including in the primary care. Nursing career pathways need to be developed to suit country demand and needs.

4. FUTURE DIRECTIONS

PMAG continues to support and developing its programmes as well as integrating into its programmes its vast catchment of learning/knowledge gained through its experiences from working in Pacific Countries and communities and, is committed to continue its work to provide support to health initiatives in the region.

Future opportunities include:

- New models of integrated primary care delivery in the region.
- Strengthening specialist clinical pathways.
- This includes specialist nurse pathways under the MTS SCC and VMS programme components.
- Integrated primary mental health service delivery strengthened.
- Regional Paediatric cardiac service delivery in the region through Visiting Medical Specialists.
- Development of regional service centres of excellence in countries in the region.